

# ZEBEDEES

## Tea menu

### for JESTERS

Autumn/Winter 2017

MENU A	ITEM 1	ITEM 2	ITEM 3	ITEM 4	ITEM 5
<b>Monday</b>	Laughing Cow Soft Cheese with Crackers	Chicken & Mayonnaise Roll	Tuna & Sweetcorn Pasta Salad	Cherry Tomato	Orange & Peach Jelly Pot
<b>Tuesday</b>	Homemade BBQ Chicken Wholemeal Pizza Fingers	Cheese & Tomato Pastry	Dried Apricots	Hard Boiled Free Range Egg Wedges	Orange Smiles
<b>Wednesday</b>	Mixed Bean Chilli	White Rice	Tortilla chips		Apple & Cinnamon Flapjack
<b>Thursday</b>	Egg & Cheese Wholemeal Roll	Chicken & Apricot Sausage Roll	Chicken & Tomato Pasta Salad	Carrot Batons	Lemon & Orange Shortbread
<b>Friday</b>	Macaroni Cheese	Tomato and garlic flatbread	Pepper & Cucumber Batons		Chocolate Chip Cookies

MENU B	ITEM 1	ITEM 2	ITEM 3	ITEM 4	ITEM 5
<b>Monday</b>	Roast Ham Sub Roll	Savoury Egg	Cheese Cubes	Mixed Sultanas & Raisins	Plain Flapjack
<b>Tuesday</b>	Homemade Roasted Vegetable Wholemeal Pizza Fingers	Grated Cheese Roll	Tomato & Lentil Pasta Salad	Sweetcorn & Diced Pepper	Honeydew Melon Wedges
<b>Wednesday</b>	Mexican Chicken Burrito	Tortilla chips	Sour cream dip	Cucumber Batons	Orange Smiles
<b>Thursday</b>	Sliced Chicken Sub Roll	Cheese & Tomato Pastry	Basil & Parmesan Pasta Salad	Pepper & Carrot Batons	Raspberry & Cocoa Cookie
<b>Friday</b>	Shepard's Pie	Wholemeal bread and butter	Peas		Apple crumble and custard

MENU C	ITEM 1	ITEM 2	ITEM 3	ITEM 4	ITEM 5
<b>Monday</b>	Ham, Cheese & Tomato Panini	Mini Cheddars	Cherry Tomato & Cucumber Batons		Peach & Pineapple Pot
<b>Tuesday</b>	Oven Baked Tomato & Mozzarella Scone with a Flora Portion	Pitta Bread Fingers with Houmous	Cheese Cubes	Golden Sultanas	Honeydew Melon Wedges
<b>Wednesday</b>	Cheesy Tomato & Basil Bread Fingers with Cheese Dip	Grated Cheese Roll	Roast Chicken Slices	Sweetcorn & Diced Cucumber	Oaty Fruit Crunch
<b>Thursday</b>	Sausage & Bean Casserole	Wholemeal bread and butter	Pepper & Carrot Batons		Homemade Apricot Cereal Slice
<b>Friday</b>	Tuna Pasta Bake	Sweetcorn	Cherry Tomato & Cucumber Batons		Peach and Strawberry Yogurts